

WOMEN DEVELOPMENT CELL

DYAL SINGH EVENING COLLEGE

UNIVERSITY OF DELHI



NIMISHA

"THERE IS NO LIMIT TO WHAT WE, AS WOMEN, CAN ACCOMPLISH." – MICHELLE OBAMA

"A WOMAN WITH A VOICE IS, BY DEFINITION, A STRONG WOMAN." – MELINDA GATES

"HER POWER, OUR PROGRESS."

NIMISHA

Women Development Cell (WDC)

Dyal Singh Evening College, University of Delhi

NIMISHA, the Women Development Cell (WDC) of Dyal Singh Evening College, was constituted in 2024 under the visionary leadership of the Principal, **Prof. Bhawna Pandey**. The Cell functions as a dedicated institutional body committed to upholding the values of equality, dignity, and empowerment for women among teaching staff, non-teaching staff, and students within the academic framework.

Recognising the transformative role of education in shaping progressive and equitable societies, NIMISHA strives to create a nurturing and inclusive environment where women students and staff can develop intellectually, socially, and personally without the barriers of gender bias or discrimination. Through its various initiatives, the Cell aims to foster awareness, build confidence, and encourage leadership among young women while promoting a campus culture grounded in respect, sensitivity, and inclusivity.

Vision

To build a gender-sensitive academic community that promotes equal opportunities, mutual respect, and self-reliance among women, thereby contributing to the holistic development of students and strengthening the broader educational ecosystem.

Core Responsibilities

Educational Awareness

Organising lectures, workshops, awareness campaigns, and interactive sessions on gender justice, women's rights, legal literacy, and health education to sensitise the student community.

Student Support and Grievance Redressal

Providing a safe, confidential, and supportive platform for addressing concerns related to gender discrimination, harassment, or safety, while ensuring prompt and fair redressal.

Skill and Confidence Building

Encouraging leadership development, entrepreneurship, and communication skills among girl students through training programmes, capacity-building initiatives, and student-led activities.

Academic Integration

Promoting the integration of gender studies perspectives within the curriculum, research, and co-curricular activities to cultivate socially aware and responsible citizens.

Mentorship and Well-being

Offering guidance, mentorship, and emotional support to students through interactive sessions, counselling, and community-building activities that strengthen personal growth and resilience.

Future Goals

- To establish the college as a model institution that promotes gender-inclusive education and ensures a safe and equitable academic environment for all members of the campus community.
- To initiate student-led awareness campaigns and community outreach programmes that advocate gender justice and social responsibility within the surrounding society.
- To collaborate with legal professionals, educators, non-governmental organisations, and alumni in order to provide wider exposure, internship opportunities, and mentorship for students.
- To establish a **Gender Resource Centre** within the college that will serve as a space for research, dialogue, and advocacy on issues related to women and gender studies.

NIMISHA functions not merely as an administrative committee but as a dynamic and visionary platform where students, particularly young women, are encouraged to develop confidence, leadership qualities, and a strong sense of social responsibility. By fostering a campus culture rooted in mutual respect, inclusivity, and equal opportunity, the Women Development Cell embodies the true spirit of education: **transformative growth through inclusion and empowerment.**

Team NIMISHA

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|---------------------|----------|
| Dr. Reena Kapoor | Convenor |
| Prof. Brati Biswas | Member |
| Dr. Ekta Shaikh | Member |
| Dr. Anjali Kaistha | Member |
| Dr. Nitumoni Kakati | Member |
| Dr. Sukriti Deswal | Member |
| Dr. Avani Bhatnagar | Member |

Orientation Programme – NIMISHA

NIMISHA, Women Development Cell of Dyal Singh Evening College, University of Delhi, successfully organised its **Annual Orientation Programme on 14 October 2025** in the college Seminar Hall.

The programme served as an important platform to introduce newly admitted students to the objectives, activities, and future initiatives of Women Development Cell while fostering awareness regarding gender equality and women's empowerment. The orientation aimed to build an informed and engaged student community by familiarising students with the vision and mission of the Cell and encouraging their active participation in forthcoming WDC programmes and campaigns.

The event commenced with a **traditional lamp-lighting ceremony** performed by **Prof. Bhawna Pandey**, Principal of Dyal Singh Evening College, symbolising knowledge and prosperity. This auspicious beginning was followed by a soulful recital of the **Kulgeet**, which further enriched the atmosphere and connected participants to the institution's cultural ethos and values.

An inspiring address was delivered by **Dr. Reena Kapoor**, Convener of the Women Development Cell, focusing on the transformative role of education in empowering women. Her discourse emphasised the importance of self-confidence, personal safety, and the active participation of young women in leadership roles within contemporary society. Dr. Kapoor's insightful reflections resonated deeply with the audience, encouraging students to recognise their potential and embrace opportunities for personal and professional growth.

The event witnessed enthusiastic participation from both students and faculty members, with **approximately 150 students** attending the session. Their active engagement and interaction with speakers demonstrated a genuine interest in the initiatives of the Women Development Cell and a shared commitment towards promoting gender equality and empowerment.

The successful execution of the orientation programme was made possible through the dedicated efforts of **Dr. Reena Kapoor, Convener of the Women Development Cell**, along with the committed Teacher Coordinators: **Prof. Brati Biswas, Dr. Anjali Kaistha, Dr. Avani Bhatnagar, Dr. Sukriti Deswal, Dr. Nitumoni, and Dr. Ekta Shaikh**. Their collective support and expertise ensured the smooth organisation of the programme and created a meaningful experience for all participants.

The event concluded with a **Vote of Thanks delivered by Prof. Brati Biswas**, expressing heartfelt gratitude to the faculty members, speakers, and students for their active participation and support in making the programme a resounding success.

NIMISHA Leads Intensive 10-Day Self-Defence Training Programme for Girls

NIMISHA, Women Development Cell of Dyal Singh Evening College, in collaboration with the **Special Police Unit for Women and Children, Delhi Police**, successfully organised a **10-day Self-Defence Training Programme** exclusively for female students of the college.

Conducted from **6 November to 18 November 2025**, the programme marked a significant step towards empowering young women with essential safety skills and strengthening their sense of confidence and self-awareness. The training sessions were held daily between **10:00 AM and 11:00 AM**, providing structured and intensive instruction over the course of ten days.

Professional trainers **Ms. Preeti, Ms. Kamlesh, and Ms. Poonam** from the Delhi Police conducted the sessions, offering expert guidance and continuous feedback to ensure accuracy, discipline, and safety during the training process. The sessions focused on practical self-defence techniques, situational awareness, and confidence-building exercises.

The training programme witnessed remarkable enthusiasm and participation from students, who demonstrated discipline, commitment, and a willingness to learn even the most challenging techniques. The initiative significantly contributed to enhancing students' preparedness and confidence in dealing with potential threats.

As a gesture of appreciation, the Cell presented **NIMISHA T-shirts** to the trainers, volunteers, and participants in recognition of their dedication and enthusiastic participation.

The programme was inaugurated by **Prof. Bhawna Pandey, Principal of the College**, and **Prof. Prithvi Raj Thaper, College Bursar**, and was spearheaded by **Dr. Reena Kapoor, Convener of NIMISHA**, whose leadership and vision were instrumental in the successful organisation of the programme.

The dedicated Teacher Coordinators, **Prof. Brati Biswas, Dr. Anjali Kaistha, Dr. Avani Bhatnagar, Dr. Sukriti Deswal, Dr. Nitumoni, and Dr. Ekta Shaikh**, provided continuous guidance and organisational support. The event was further strengthened by the presence of faculty dignitaries **Dr. Mridusmita Baruah and Dr. Dhanwati Yadav**.

The volunteers of the Women Development Cell played a pivotal role in ensuring the smooth conduct of the programme, efficiently managing various logistical and organisational aspects.

The collaborative efforts of trainers, faculty members, volunteers, and students ensured that the 10-day training programme not only achieved its objectives but also created a lasting impact on participants' confidence and preparedness. Building upon this success, **NIMISHA remains committed to organising future initiatives aimed at safety awareness and women's empowerment within the student community.**

Certificate Distribution Ceremony of the Self-Defence Training Programme

NIMISHA, Women Development Cell of Dyal Singh Evening College, organised a **Certificate Distribution Ceremony on 18 November 2025** to recognise and celebrate the achievements of students who successfully completed the intensive 10-day Self-Defence Training Programme.

The event marked the culmination of a meaningful empowerment initiative and celebrated the dedication, perseverance, and enthusiasm of all participants. The ceremony was graced by distinguished dignitaries including **Prof. Bhawna Pandey**, Principal of Dyal Singh Evening College; **Mrs. Renulata**, Assistant Commissioner of Police, Special Police Unit for Women and Children, Delhi Police; and **Prof. Madhuri Chawla**, Director, Internal Quality Assurance Cell (IQAC).

In her address, **Prof. Bhawna Pandey** emphasised the significance of self-defence education in the contemporary social context and highlighted the importance of equipping young women with essential safety skills. She appreciated the collective efforts of the organisers, trainers, and students for making the initiative a transformative learning experience.

Addressing the students, **ACP Mrs. Renulata** delivered an inspiring and practical discourse on women's safety and self-reliance. She emphasised the importance of mental preparedness and situational awareness, encouraging students to remain confident and composed in challenging circumstances. She also provided valuable insights into practical self-protection strategies and informed students about the various support mechanisms available through the police for women's safety. The programme concluded with the **distribution of certificates** to all participants in recognition of their dedication and active engagement throughout the training programme.

The successful organisation of the event was spearheaded by **Dr. Reena Kapoor, Convener of NIMISHA**, along with the dedicated Teacher Coordinators and the enthusiastic Core Volunteer Team, ensuring a smooth and memorable experience for all attendees.

Through such initiatives, **NIMISHA continues to reaffirm its commitment to fostering a safe, confident, and empowered community of women within the academic environment.**